

316 March 17

#17

Paper March 6th 1826

in

(Essay)

on

(The Republic)

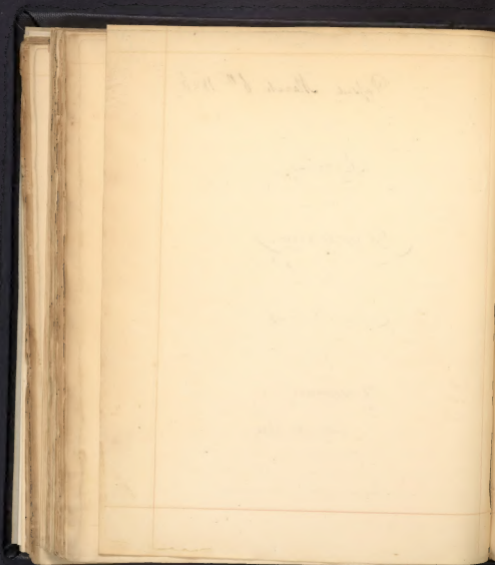
by

(Lester B. Thomas)

of

(The Atlantic)

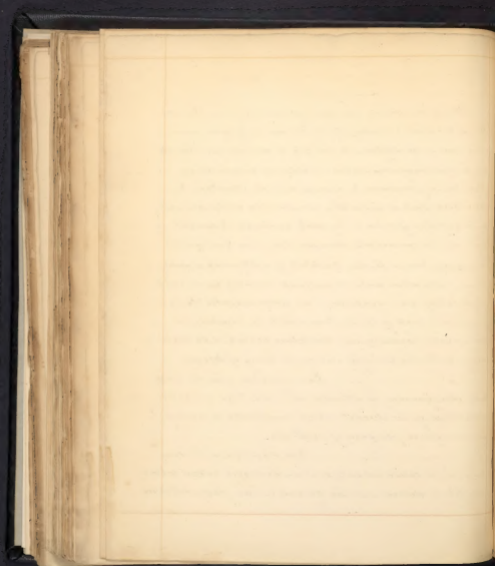
(Vol. 1, No. 1, 1826)



Then we consider the vast importance of the stomach to the animal economy, the influence it possesses over every part of the system, the facility to decrease, and those to of the most dangerous nature. It certainly becomes every Practitioner of Medicine to examine well its structure & functions, both in a healthy and morbid state, without a knowledge of which he will be unable to combat not only its immediate disorders, but those to which the whole system is liable. Prostata of a stomach is something equivalent to it, the animal probably would exist regulating and regulated, it so accommodates itself as that all parts of the system shall be preserved in that exact harmony and condition which is so essential to the happiness and well being of man.

Good digestion and its natural consequences is attended with all those agreeable sensations of the mind which constitutes a part of the undefined pleasure of existence.

Bad digestion in the contrary is the cause not only of those disagreeable actions which constitute disease in the organs of the digestive system



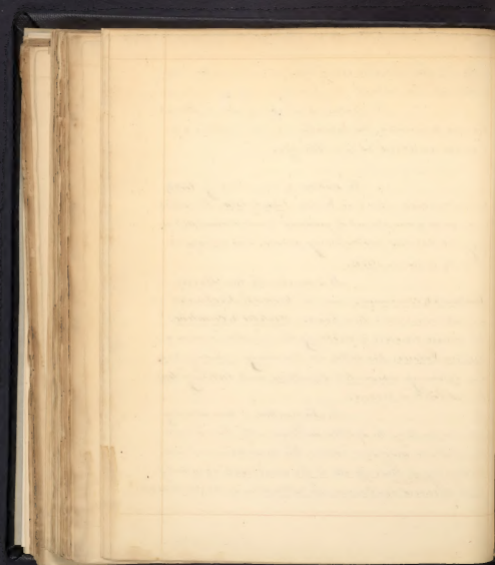
does all these hurried sensations, which are calculated to distract and disturb the former quietude of the mind.

The system is weakened and the patient becomes emaciated, his muscles shrink, and his skin becomes wrinkled as if in old age.

The subject of the following theory is that disease which is called Dyspepsia. In strict sense it is a complaint of gradual development depending on various predisposing causes, but always excited by error in diet.

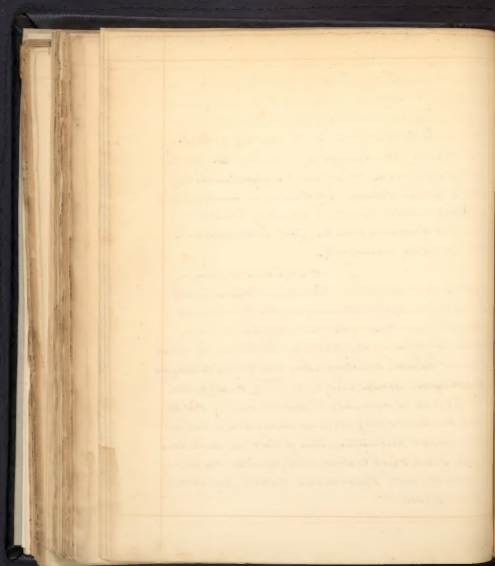
It is marked by two stages, — Suspicious & confirmed; and the Medical Treatment is considered under two heads: Preventive & Curative. The former consists of relieving the digestive organs of undue labor. The latter in removing offending causes, relieving accidental symptoms and restoring tone to debilitated organs.

In Susception of long standing various parts of the system are frequently brought into sympathetic diseased action. The most common and disturbing of these effects is the universal sympathy of the Nervous system in the latter form of the Complaint.



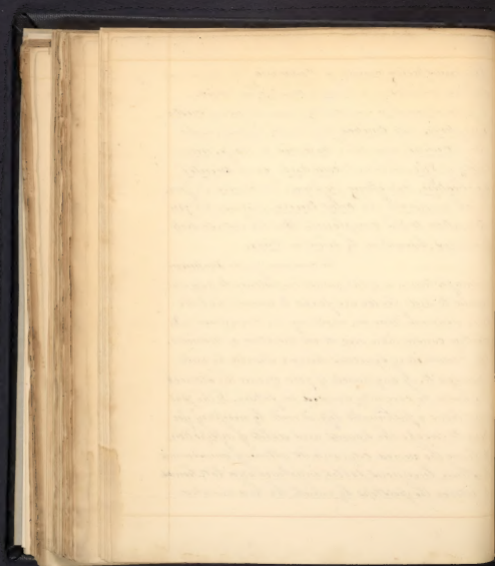
The mind forms the harbingers of the most awful feelings. The Patient is insensible to the pleasures of youth, and his bewildered imagination portrays to him in the blackest colours the miseries of old age. His days are literally days of pain, and his nights nights of anguish. When such hyperaesthesia of feelings as these become established we conclude that the Spleen is some one of the auxiliary digestive organs have become implicated, and the treatment is to be modified accordingly.

Hypoplasia as it generally presents itself, is a chronic complaint of obscure or undetermined origin, which gradually impairs to our power its strength, impatience, and astuteness of character. When the following symptoms generally attend the disease. Such as nausea, vomiting, Acid eructations, Cardialgia, Gastrodynia, pyrosis, and particularly constipation. The appetite is depraved, the Patient craving Chalk, &c. Besides these, there are some others, which are denominated morbidities, some of these are gentle pain in the Head, Chest & Side, with purulent Breach, and frequently with Spree, and violent palpitation of the Heart.



The predisposing causes of Dyspepsia are numerous
such as disorders of a local or constitutional kind. —
Impure exercations especially from the use of arctic
purgatives, also Emetics frequently employed, the
use of Opium and other Narcotics to escape irregu-
larity of Life, habitual cost Stool, great Mental
Application, depressing regimens, all causes in fact,
which diminish the total Energy, increase the pre-
disposition to the complaint. But the disorder itself
is always brought on by error in Life.

In considering the treatment
of Indigestion it is of the utmost importance to pay due
regard to Life. for we are forced to admit, that the
cure depends more on correcting the predisposing &
existing causes, than any direct operation of medicine.
The primary symptoms therefore should be well
attended to. If any article of food offends the stomach
it should be carefully avoided in future. If the pat-
ient leads a fashionable life it will be necessary for
him to quit the haunts and habits of dissipation,
to leave the crowded city, and its alluring amusements,
to shun luxurious tables, involence and late hours,
to retire the golden steps by which he had deviated —







The above description, however, is only
 intended to show the general character of the
 country, and not to give a detailed account of
 the various features, which are to be seen
 in the different districts. The most interesting
 objects of the country are the various fortifications,
 which are to be seen in the different districts.
 The most interesting of these are the fortifications
 of the city of Amoy, which are to be seen in
 the different districts. The most interesting of
 these are the fortifications of the city of Amoy,
 which are to be seen in the different districts.
 The most interesting of these are the fortifications
 of the city of Amoy, which are to be seen in
 the different districts. The most interesting of
 these are the fortifications of the city of Amoy,
 which are to be seen in the different districts.





[illegible]



1. There is a
2.
3.
4.
5.
6.
7.
8.
9.
10.
11.
12.
13.
14.
15.
16.
17.
18.
19.
20.
21.
22.
23.
24.
25.
26.
27.
28.
29.
30.
31.
32.
33.
34.
35.
36.
37.
38.
39.
40.
41.
42.
43.
44.
45.
46.
47.
48.
49.
50.
51.
52.
53.
54.
55.
56.
57.
58.
59.
60.
61.
62.
63.
64.
65.
66.
67.
68.
69.
70.
71.
72.
73.
74.
75.
76.
77.
78.
79.
80.
81.
82.
83.
84.
85.
86.
87.
88.
89.
90.
91.
92.
93.
94.
95.
96.
97.
98.
99.
100.



[illegible]



Syntherisma *de la Harpe*, n. sp.

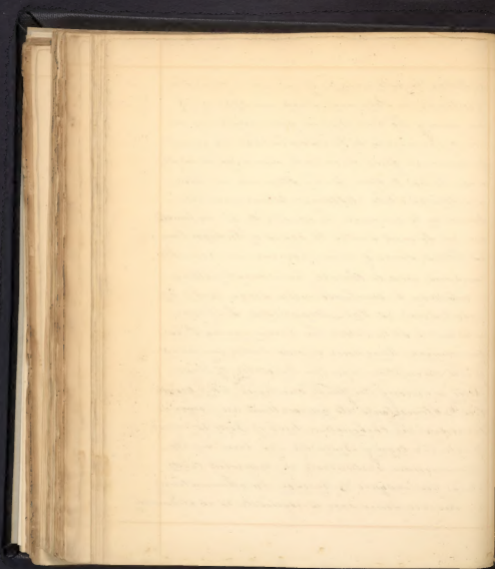
[illegible]







of Pellaea & Asplenium. of the latter Columba,
Gentiana, the Pancreas, Root and Chenopodium,
are among the best. But in administering ei-
ther of them it is to be observed, that the quanti-
ty given at first should be small, as it is so
liable not to digest the stomach in this
debilitated state. Admixture owing to their
tendency to increase the inactivity of the bowels
are not so well suited to cases of Indigestion
as bitters. Some of them however are valuable
remedies, and to obviate their constipating-
effects may be combined with some mixt. of
acids, such as Col-Magnesia, Sulphuric,
or what is still better the Spicaeantha Pills.
The Mineral Kingdom affords better medicines
of this description than the Vegetable. Of these
Siron is among the first: combined with Aroma-
tics & Stimulants its preparations are powerful
remedies: the Carbonate or Salt of Siron is prepared
of late the Order of Darmstadt has been highly
recommended, particularly in removing Cardi-
algia, Gastralgia & Indigestion: In administering
it however some care is requisite, as it frequently



when given in large sweet, produces sea effects.
Where there is much sweating, indicating relax-
ation, the Sulphuric Acid may be used with
advantage. With respect to those ~~medicines~~ re-
medies which act sympathetically on the
elementary canal, the most powerful and
the only ones I shall mention are those that
make their impression on the Stomach. Where there
is considerable strength remaining, and the heat
not below the natural standard, the cold Bath
sometimes proves very beneficial, especially when
followed by friction with a coarse towel or flesh
brush. Where the cold Bath is inadvisable the
warm Bath with a handful or two of common
salt dissolved in it, may be employed.

